

BULLETIN

of the
MAHONING COUNTY
MEDICAL SOCIETY

Volume LIV

Number 9

DECEMBER, 1984



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 Executive Director: Robert B. Blake

1984 - MAHONING COUNTY MEDICAL SOCIETY MEETINGS - 1984

| Tuesday | Tuesday | Tuesday | Tuesday | Tuesday | Tuesday |
|---------|---------|---------|----------|---------|---------|
| Jan. 17 | Mar. 20 | May 15 | Sept. 18 | Nov. 20 | Dec. 18 |

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From the Desk of the President



We, in the Youngstown-Mahoning Valley area, live in a "smokeless stack" area of recession amidst a more expanding national economy. Our patients are aging. Our young are leaving and our well-off citizens move to Florida, Arizona and other more desirable locations.

Many patients come in now only when ill - very ill - and fewer and fewer Youngstowners are taking advantage of preventive physical examinations.

Patients come to see us, very short of breath and they refuse to submit to x-rays. Many patients now need a lecture on the minimal radiation exposure from chest x-rays before they will stand still for even a single view.

This is false economy. It is better to *prevent* life-threatening congestive heart failure. It is better to *prevent* major strokes. Medicine has advanced so far in treating cardio-vascular diseases that a recent visiting professor, Dr. Tom Killip, noted a 35% decline has occurred in the U.S. cardio-vascular death rate.

Medically-socialized Canada has had only a minimal decrease in the cardio-vascular death rate in the last ten years. More socialized England has had no decrease; and highly-socialized Sweden has had an *increase* in its cardio-vascular death rates over the past decade.

We must be doing something right! Our advice has saved the lives of more than one-third of our cardio-vascular patients in the past 10 years; and cardio-vascular disease is our most common medical problem causing both disability and death.

Some cancers can be cured by finding them early. The breast x-ray screening program, advocated by the American Cancer Society and the American Radiological Society, works. Stool screening for occult blood after age 40 works. Health screening can be life-saving and we doctors should practice what we preach.

Thank you for affording me the privilege of being your president for 1984, a year of Future Shock!

Glenn J. Baumbblatt, M.D.



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of the Mahoning County Medical Society

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DECEMBER, 1984



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The opinions and conclusions expressed herein do not necessarily represent the views of the Editorial staff nor the official views of the Mahoning County Medical Society.

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Robert B. Blake

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John C. Melnick, M.D.

James A. Lambert, M.D.

Jack Schreiber, M.D.

Editorial

Socialism is regarded, in many instances, as a very bad form of government. In socialism you have government control. Total socialism means total government control, which is totalitarianism, which is dictatorship (Fascist Italy, Nazi Germany and Communist Russia are all examples of socialism).

Medicare and Medicaid are socialized medicine, that is, medicine controlled by the government. Prior to Medicare, people had private insurance to cover their illnesses. When the Medicare bill was passed back in the middle 1960's, many health insurance companies cancelled the insurance of the elderly so that they were forced to participate in Medicare. Because Medicare, like most government-sponsored programs, is inefficient and therefore very expensive, the government is now trying to control the cost by rationing services to the aged and the poor.

It is a typical government con game. First the politicians promise "pie in the sky" to anyone who might qualify so they can get their votes. When the cost escalates above what was originally estimated, as it always does, politicians then try to find a scapegoat such as the hospitals, laboratories, or physicians to blame for the high cost. Then as costs continue to rise, mostly as a result of government red tape and interference with the free enterprise system, the government imposes rationing by limiting which hospital a person may go to, how long the person can stay, and who his physician may be.

It should be remembered that the only way the government can give us something for nothing is to take it away from someone else.

The solution? More individual responsibility and less governmental control.

PROCEEDINGS OF COUNCIL

Nov. 13, 1984

The regular meeting of the Council of the Mahoning County Medical Society was held Tuesday, November 13, 1984 at the Youngstown Club.

The meeting was called to order at 7:30 p.m. by Dr. Baumbblatt. The minutes of the October meeting, having been read, were approved.

The treasurer's report included a list of six members who have not paid 1984 dues yet, a notation that 178 members have paid dues for 1985, and a recap of income for the first nine months of the year. The bills list was presented and a motion made, seconded and passed to pay each and every bill.

The following applications for membership were presented:

ACTIVE: Roop K. Kollipara, M.D.

ASSOCIATE: Charles L. DeMario, M.D. Keith H. Kuppler, M.D.

The applications were approved. The applicants will become members of the Mahoning County Medical Society, in the voted category, 15 days after the printing of the names in the minutes of the November meeting of the Council that are mailed to all members, unless an objection is filed in writing with the executive director before that time.

* * * * *

Communications included:

A letter from HSA of Eastern Ohio seeking a response from the Society concerning a willingness to work with the Health Systems Agency in its areas of function. The executive director was instructed to send an appropriate response to HSA.

A letter from State Representative Thomas Gilmartin in appreciation of OMPAC support of his campaign. The executive director was instructed to respond by acknowledging the letter.

The budget committee presented its report and a proposed budget for 1985. It was noted the budget stays within the estimated income of the Society for 1985 and, on motion and a second, was adopted.

The nominating committee report was presented with two places pending. One of the nominations was accepted at the Council session, leaving one still pending. It was noted a full slate should be available for the November meeting and the December elections.

The public relations committee presented its report and recommended that nothing be done this year in regard to funding a public television program. The committee recommended a survey be conducted to obtain a roster of physicians willing to speak at public gatherings and present the physicians' views on health-care cost containment and other pertinent matters. Other areas of public information were discussed and the report of the committee was accepted by the Council.

Dr. Anderson, Sixth District Councilor, reported that Dr. Robert Schontz, former OSMA president and councilor from Stark County, is quite ill. Dr. Anderson also spoke on the recent meeting of the Council of OSMA. He stated the move toward a statewide publicity campaign is continuing. He spoke about legislative action in Columbus; noted an Indiana Dental Society victory against insurance company demands; cited the real importance of OMPAC in the elections; stated that PACO is getting into the field of administration for P.P.O.s and P.P.I.s. It was suggested a meeting be held to provide information and clarification about PPO's, HMO's, IPA's, etc. Dr. Anderson reported Dr. Joseph Sudimack of the Trumbull County contingent of the Sixth District is running for Secretary-Treasurer of OSMA.

A motion was made, seconded and passed, endorsing Dr. Joseph Sudimack for the post of Secretary-Treasurer of the Ohio State Medical Assoc.

Dr. William Sovik reported on a meeting of the committee of Ohio State Medical Association - Ohio Nurses Association members. He reported the seventh draft is in the works of proposed legislation that would change drastically the regulations governing nursing in Ohio.

The Council voted to accept a change in some of the wording in the executive director's employment agreement and approved the change of location for the January meeting of the Society from the Youngstown Club to the new Antone's in McKay Court.

Announcements included the next Council meeting Dec. 11 at the Youngstown Club and the next Society meeting Dec. 18 at the Youngstown Club to Program for the Society meeting in December is election of officers and a look at the Canadian and British health care systems. It was also announced that the deadline for resolutions for presentation to the OSMA House of Delegates is March 18, 1985 and they must be submitted prior to that date.

The meeting adjourned at 9:12 p.m.

Robert B. Blake
Executive Director

HAPPY BIRTHDAY

Get your annual check-up • Is it time to renew your driver's license?



Dec. 16
S. M. Barolsky
A. R. Dziadzka

Dec. 17
D. B. Brown
C. A. Crans

Dec. 18
J. M. Kline
A. P. Mirasol

Dec. 19
L. P. Caccamo
T. L. Cohen
D. J. Dallis
S. R. Zoss

Dec. 21
C. S. Peabody
E. L. McIver

Dec. 23
A. E. Rappoport

Dec. 24
N. A. Pappas
H. S. Zeve

Dec. 25
R. D. Murray

Dec. 26
E. S. Dickstein

Dec. 27
A. C. Neptune

Dec. 31
A. T. Gestosani

Jan. 1
D. S. Lee
V. K. Sethi

Jan. 2
N. C. Domingo
D. W. Handel
W. T. Martin
R. R. Sambandham

Jan. 3
J. B. Stechshulte
S. R. Weiss

Jan. 4
A. A. Conte
C. L. Paxson

Jan. 5
R. W. Jackson
E. U. Krishnan

Jan. 6
M. Guthikonda
S. C. El-Hayek

Jan. 7
J. Hong

Jan. 8
R. L. Bernstine

Jan. 9
N. J. Hazelbaker

Jan. 10
R. Albarran
S. Cuddapah
H. J. Hassel
D. T. Yoder

Jan. 12
M. U. R. Bhatti
P. H. Huang
A. S. Nagpaul
D. Van Rees

Jan. 13
Y. V. Ginde

Jan. 15
S. K. Seth
W. H. Bunn

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MICHAEL I. SZAUTER, M.D.**1909 - 1984**

Dr. Michael I. Szauter, 75, died Wednesday, November 7 of a heart ailment in East Liverpool Extended Care Center.

Dr. Szauter was born in Hungary and came to the United States in 1951. He came to Youngstown in 1955. He became a physician in 1935 in Hungary, was in the Army and on the Eastern Front where he was a Russian prisoner of war. In 1947, he went to Austria where he was chief surgeon and medical director at the International Refugee Organization hospital.

He was a psychiatrist at Donamora State Hospital in New York, joined Woodside Receiving Hospital in 1955 and established a private practice in the early 1960's. He was acting superintendent at Woodside from July 1976 to January 1977 and retired from Woodside in 1978. He continued his private practice and worked with the Eastern Mahoning County Mental Health Clinic and as psychiatric consultant for some Northeast Ohio courts. He was a member of Mahoning County Mental Health and Mental Retardation Board.

* * * * *

M. HENRY SPECK, M.D.**1897 - 1984**

Dr. M. Henry Speck, 87, died November 20 of a heart ailment after being ill several months. He was the second oldest member of the Mahoning County Medical Society and practiced medicine for more than 60 years. He was an eye, ear, nose and throat specialist.

He graduated from South High, after coming here from Philadelphia, and was a member of the debating team and track team at South. He obtained his undergraduate degree at Ohio State University and his medical degree from Jefferson Medical College in Philadelphia. He interned at Jefferson Hospital in Philadelphia, took graduate work at Eye and Ear Infirmary in New York and post graduate work at Columbia University.

He began practice in Youngstown in 1920, was on staff at Youngstown Hospital Association and had offices in the Mahoning Bank Building since 1925.

Dr. Speck was especially interested in medical education and he, together with his sister, Mrs. Ann Shagrin, donated funds to help students in four medical schools. He also established two scholarship funds at North-eastern Ohio Universities College of Medicine. He contributed to his temple and was a supporter of cultural events in Youngstown and northeast Ohio.

He was a member of the President's Club of Ohio State and Thomas Jefferson's University and a charter member of Squaw Creek Country Club. He was an active member of Rodef Sholom Temple and received honors for dedication to the temple.

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O. L. CLUSE

From the Bulletin

FIFTY YEARS AGO — DECEMBER 1934

Richard Cattel came here from Boston to substitute for the renowned Frank Lahey. Dr. Cattel impressed the audience with his talk on "Cancer of the Rectum". Later he became chief surgeon of the Lahey Clinic and operated successfully on Sir Anthony Eden, Prime Minister of England for stricture of the common bile duct.

The Public Relations Committee reported that the year was a complete failure.

New members were Morris Rosenblum and Walter Tims.

Gordon Nelson was in the hospital recovering from Typhoid Fever. He spoiled our health record.

FORTY YEARS AGO — DECEMBER 1944

The new President was William Hall Bunn, Sr. Elmer Nagel retired gratefully after serving two terms as President, the only member who ever did so. Bill Evans in the Navy was the only member who was President in absentia. Those were unusual times.

The old Municipal Hospital for contagious disease was taken over by the State Welfare Department for use as a Receiving Hospital for mental patients.

An article by Herman Zeve abstracted from the Naval Medical Bulletin described the intensive treatment of early Syphilis with Mapharsen and Bismuth which greatly reduced the number of treatment days. Penicillin was then just coming into use.

There was a remarkable letter from one of our members written from the front in Germany and printed without any signature. It must have been from the late Oscar Axelson, as he was with the Third Armored Division. He wrote in part: "Our Third Armored Division hit Normandy Beach last June and we've moved quite rapidly through France and Belgium. We led the advance from the Seine River through the Siegfried Line and covered this entire distance in eighteen days. I have had some thrilling experiences and narrow escapes. My tent and bag of clothes have been shot up but I've been luckier. Several times the enemy surrounded us but we fought our way out with few casualties. Because of the enemy's retreat most of their casualties were left behind so actually I've cared for more German wounded than our own. The men have a novel treatment for lice. A mixture of sand and alcohol is applied to the body. The lice become intoxicated, throw the sand at each other and are stoned to death!"

New members that month were Erhard Weltman and Sam Davidow.

THIRTY YEARS AGO — DECEMBER 1954

President James Brown wrote that the most important public relations are between the doctor and his patient at the bedside.

Editor Detesko said that surgical consultants should send operative reports to the family physician.

The Committee for Reduction of Meetings headed by the late J. Clair Vance recommended reduction of the Medical Society Meetings to six a year.

Louis Bloomberg, Patrick Cestone and Raymond Lupse were installed as Fellows of the American College of Surgeons.

New members were Robert Martin Foster, R. L. Jenkins, F. H. Inui, W. L. Agey, S. F. Gaylord, A. W. Geordon and Raymond S. Boniface.

TWENTY YEARS AGO — DECEMBER 1964

President Schreiber looked back on a busy and successful year. He gave a special "Thank You" to our good Executive Secretary, Howard Rempes.

We were still holding meetings in the Mural Room. Anybody miss the old Mural Room? It was a good place to meet but they had the toughest roast beef in town.

The Society lost two highly valued members, Dick Clifford and Sam Epstein. Both were in their best years and their presence has been missed.

A large contingent from Youngstown attended the football game at Ann Arbor where Michigan defeated Ohio State for the Big Ten title.

New member that month was Karl Theodore Baumgaertel.

10 YEARS AGO — DECEMBER 1974

President Dr. John Melnick had some observations in his President's Message which are still appropriate ten years later. In an article about the high cost of medical care Dr. Melnick stated: "The President of the United States, the Congress, the unions and the average American all say that the cause of inflation is excess government spending. What has Congress done? It has increased government spending!" He goes on to explain about the wage hikes given to all Federal employees, yet the medical profession is told to increase income by working longer hours and seeing more patients.

The Northeastern Ohio Universities College of Medicine was still in the planning stages. The new six-year curriculum called for the students to spend the first two years enrolled in Youngstown State, Akron University, or Kent State, then move on to the basic Sciences building to be built at Rootstown, Ohio. The school had recently signed agreements with St. Elizabeth Hospital and Youngstown Hospital to serve as teaching units for the clinical clerkships. Dr. Wm. H. Bunn, Jr. was elected to be the first Chairman of the Council of Chiefs of Internal Medicine at Neoucom. Also serving were Dr. Edward Kessler and Dr. Elias Saadi.

New members that month were: Active— Herbert, L. Queen, M.D. Associate— Pak Chun Chan, M.D., Musli Karmino, M.D., Hira L. Khanna, M.D., John L. LaManna, Jr., M.D., Warner J. Stanford, D.O.

Robert R. Fisher, M.D.

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ITEMS

From the Exec's Desk

ROBERT B. BLAKE, Executive Director

NOW FOR SOME QUOTES

You can make more friends in two months by becoming interested in other people than you can make in two years by trying to get other people interested in you.

Dale Carnegie

* * * * *

Our greatest glory is not in never failing, but in rising every time we fail.
Confucius

* * * * *

Success is getting what you want. Happiness is wanting what you get.
Gerald Heard

* * * * *

I don't want yes-men around me. I want everybody to tell me the truth even if it costs them their jobs.

Sam Goldwyn

* * * * *

If a man will begin with certainties, he shall end in doubts, but if he will be content to begin with doubts, he shall end in certainties.

Francis Bacon

* * * * *

A habit cannot be tossed out the window; it must be coaxed down the stairs a step at a time.

Mark Twain

* * * * *

You can never do a kindness too soon because you never know how soon it will be too late.

Ralph Waldo Emerson

AUXILIARY EVENT WAS UNIQUE

Unique is probably the best description that can be applied to the Mahoning County Medical Auxiliary's Fashion Show and Raffle held November 1 at the Avalon Inn in Warren.

Highlighting fashions from Strouss', the event hosted a full capacity attendance that was enthralled with the presentations. What made the event unique was the list of prizes offered in "The First Preventative Medicine Raffle" in the history of the Auxiliary's presentations.

Physician services offered were:

"Can We Talk" one hour with psychiatrist Dr. Neffertiti Labib; a pair of designer eyeglasses from Drs. Cinelli, Pugh and Wang of Eye Care Inc.; full blood work screening by Dr. Lawrence Pass; one obstetrical delivery to be done within 10 months of November 1, 1984 (non-transferrable) by Dr. Douglas Van Rees; one year of newborn baby care (transferrable) from Dr. Khalid Iqbal; a hearing examination by Dr. Fun Cheng Lin; a mamogram from Associates in Radiology, Drs. Jackson, Melnick, Slusher, Hafiz, Raval

Krishnasetty and Prasad; an echocardiogram by Dr. Robert Houston; husband and wife stress test by Dr. Stephen Barolsky; an electrocardiogram from Dr. Emil Dickstein; a plastic surgery consultation with Dr. Y. T. Chiu; a pulmonary function test by Dr. Rebecca Bailey-Newton; a stress test by Dr. Ronald J. Mikolich; a pap test by Dr. Milton Lenhart.

Other prizes included: an exercise bike from Patient Care Center; a \$250 shopping spree at Eastwood Mall from The Cafaro Company; a weekend at Aurora from The DeBartolo Co.; \$25 gift certificate from Reyers Shoe Store; a decorator glass piece from Gluck's Antiques; a designer sweater from Clothier Dress Shop; a car lubrication from Paul's Amoco; an art object from Mrs. Tazim Jaffer; dog grooming (bath & trim) from Mrs. Pat Hritz; beginning Chinese cooking classes from Mrs. Florence Wang; \$20 gift certificate from Renee Gallagher of The Final Cut; \$35 gift certificate from Darlene Tareshawty of The Final Cut; glass decorator piece from The Mole Hole; a simple will from Attorneys McLaughlin, McNally & Carlin; an object of art from The Frame Village; manicure and pedicure from Nita; weekend in Las Vegas (air fare & lodging) from Jamesworld Travel; a hand-painted item from Petalers.

POSTERS AND BROCHURES AVAILABLE

The American Medical Association has produced posters and brochures to help physicians explain to patients why they have chosen not to sign a "participation" agreement under the new Medicare provisions. The attractive posters and complementary brochures explain to patients that the changes in the Medicare law need not change their physician/patient relationship. The brochure explains the terms "participating" and "non-participating" and reassures the patient that your desire is to continue to provide quality medical care.

A poster and brochures are available from the Mahoning County Medical Society by contacting the Society office at 747-4956.

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MEMBERS HEAR PLASTIC SURGEONS

"Cosmetic plastic surgery and its impact" was the topic of the program presented at the general meeting of the Mahoning County Medical Society at the Moonraker Restaurant on Tuesday, Nov. 20.

Coordinated by Dr. George Dietz, Dr. Y. T. Chiu and Dr. S. Cuddapah, the program covered from "top to tummy" the various aspects of cosmetic surgery. Presented as a slide/talk format, the three surgeons held the members and guests enthralled at this look at the selective aspect of their specialty.

Dr. Y. T. Chiu spoke and showed slides that depicted cases that involved face-lifts and eyelid surgery. Dr. Cuddapah presented a portion of program devoted to surgery involving noses and ears. Dr. Dietz completed the trio of presentations by showing cases involving breasts and tummies. A question and answer period followed the three presentations.

The following were nominated for office in the balloting held at the November 20 meeting. Further nominations may be made from the floor at the December 18 meeting of the Society when elections will be held.

| | |
|-------------------------------------|---|
| President: | Dr. Juan A. Ruiz |
| Vice President | Dr. Richard A. Memo |
| Treasurer | Dr. David H. Levy |
| 1989 Delegate | Dr. K. F. Wieneke |
| Alternate Delegates (3 to elect) | Dr. T. N. Detesco Dr. J. A. Lambert Dr. P. J. Mahar Jr. |
| Council-at-Large (5 to elect) | Dr. J. A. Colella Dr. A. DiDomenico Dr. S. D. Grossman Dr. M. I. Jacobson Dr. S. K. Mishr |
| Foundation Trustee (2 to elect) | Dr. J. C. Melnick Dr. J. B. Werning |
| Representative to Blue Cross: | Dr. W. E. Sovik |

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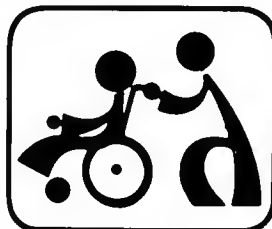
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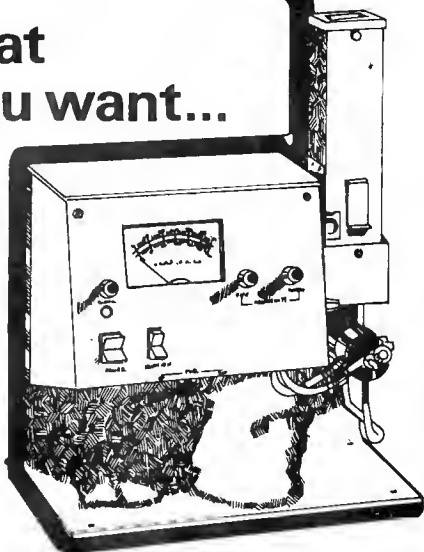
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- Dec. 11, 8:00 a.m. Emergency Medicine Conference "Ventricular Arrhythmias", K. Kuppler, M.D., E. R. Conference Room, Northside Hospital.
- Dec. 13, 8:00 a.m. Internal Medicine Grand Rounds "Mixed Connective Tissue Disease", M. Luzar, M.D., Hitchcock Auditorium, Southside Hospital.
- Dec. 18, 8:00 a.m., Emergency Medicine Conference "Sports Injuries", M. Vuksta, M.D., Tower 2, Southside Hospital.
- Dec. 20, 8:00 a.m. Internal Medicine Grand Rounds "Neuromuscular Diseases", A. Nagpaul, M.D., Hitchcock Auditorium, Southside Hospital
- Jan. 3, 8:00 a.m. All Divisions "Peripheral Vascular Disease", J. Vidal, M.D., Hitchcock Auditorium.
- Jan. 9, 4:00 p.m. Pathology Conference, "Practical Lab Utilization in Certain Endocrinopathies", E. Sabado, M.D., Lab Conference Room, Northside Hospital.
- Jan. 10, 8:00 a.m. Internal Medicine Grand Rounds "Update of Peptic Ulcer Disease", D. Brown, M.D., Hitchcock Auditorium, Southside Hospital.
- Jan. 12, 8:00 a.m. Anesthesiology Conference "Selection and Interpretation of Pulmonary Function Tests", M. Uram, M.D., Tod #2, Northside Hospital.

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OLD TIMER DECLARES

I never approved of little league baseball for boys. We always played baseball but we did not have gaudy uniforms and adult participation with urging to win, win, win at any cost.

The batter hits a grounder to the shortstop and races to first base but the ball beats him by half a second and the umpire shouts "You're out!" Pa and Ma in the bleachers yell, "Get some glasses, you bum, he was safe by a mile."

A mother brought her son to my office. He was a star pitcher with an outcurve that would make most batters "step in the bucket" but he had pitcher's elbow. I told him it would have to rest and have some physiotherapy. He could not pitch or even practice until it was better. The mother said, "But Saturday is the big game and the coach wants him to play."

I said, "He can't play. He may have lasting damage."

"But what will I tell his coach," she asked.

"Tell him to drop dead," I said, angrily.

I don't know if he played or not. They never came back to me.

Moral: When doctors lose their patience, they lost patients.

J. L. F.

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FOR SALE

Condominium in Boardman - \$43,000 - \$7,000 down. Two large bedrooms, covered carport. 912 Pearson Circle, Apt. 3. Also selling diamond pendant - \$1,500; diamond earrings - \$1,000; diamond and real pearl earrings - \$300. Call B. Slabochova, 758-8789.

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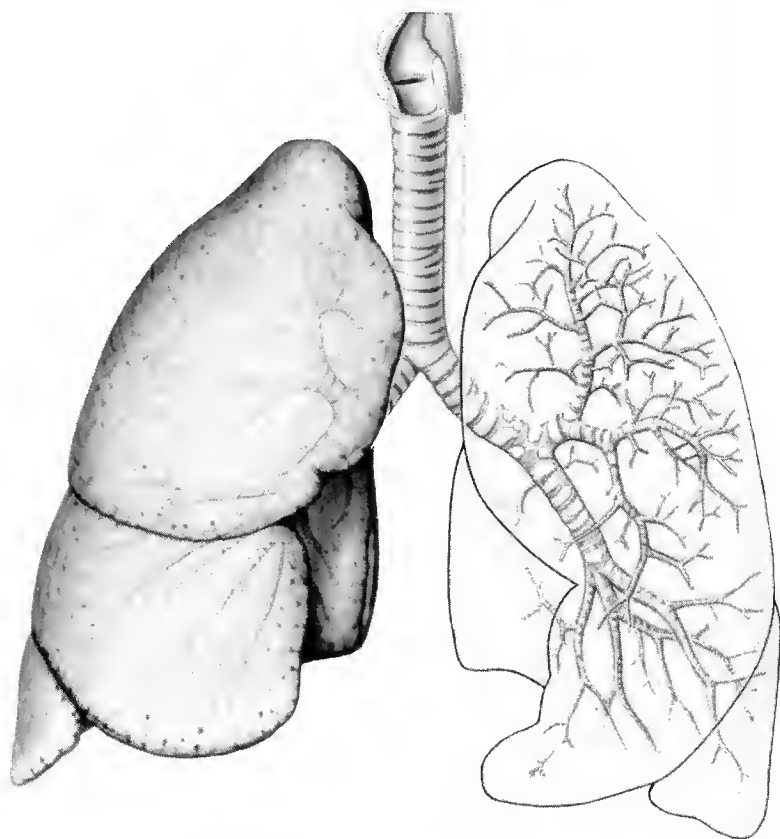
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H. influenzae, *H. influenzae*, *S. pneumoniae*, *S. pyogenes*
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Brief Summary Consult the package literature for prescribing information.

Indications and Usage: Cefclor[®] (cefaclor, Lilly) is indicated in the treatment of the following infections when caused by susceptible strains of the designated microorganisms:

Lower respiratory infections including pneumonia caused by *Streptococcus pneumoniae* (*Diplococcus pneumoniae*), *Haemophilus influenzae*, and *S. pyogenes* (group A beta-hemolytic streptococci).

Appropriate culture and susceptibility studies should be performed to determine susceptibility of the causative organism to Cefclor.

Contraindications: Cefclor is contraindicated in patients with known allergy to the cephalosporin group of antibiotics.

Warnings: IN PENICILLIN-SENSITIVE PATIENTS, CEPHALOSPORIN ANTIBIOTICS SHOULD BE ADMINISTERED CAUTIOUSLY. THERE IS CLINICAL AND LABORATORY EVIDENCE OF PARTIAL CROSS ALLERGENICITY OF THE PENICILLINS AND THE CEPHALOSPORINS, AND THERE ARE INSTANCES IN WHICH PATIENTS HAVE HAD REACTIONS INCLUDING ANAPHYLAXIS TO BOTH DRUG CLASSES.

Antibiotics, including Cefclor, should be administered cautiously to any patient who has demonstrated some form of allergy, particularly to drugs.

Pseudomembranous colitis has been reported with virtually all broad-spectrum antibiotics (including macrolides, semisynthetic penicillins, and cephalosporins); therefore, it is important to consider its diagnosis in patients who develop diarrhea in association with the use of antibiotics. Such colitis may range in severity from mild to life-threatening.

Treatment with broad-spectrum antibiotics alters the normal flora of the colon and may permit overgrowth of clostridia. Studies indicate that a toxin produced by *Clostridium difficile* is one primary cause of antibiotic-associated colitis.

Mild cases of pseudomembranous colitis usually respond to drug discontinuance alone. In moderate to severe cases, management should include semiconscious, appropriate bacteriologic studies, and fluid, electrolyte, and protein supplementation. When the colitis does not improve after the drug has been discontinued, or when it is severe, oral vancomycin is the drug of choice for antibiotic-associated pseudomembranous colitis produced by *C. difficile*. Other causes of colitis should be ruled out.

Precautions: General Precautions — If an allergic reaction to Cefclor occurs, the drug should be discontinued, and, if necessary, the patient should be treated with appropriate agents, e.g., pressor agents, antistamines, or corticosteroids. Prolonged use of Cefclor may result in the development of susceptible organisms. Careful observation of the patient is essential. If superinfection occurs during therapy, appropriate measures should be taken.

Positive direct Coombs' tests have been reported during treatment with the cephalosporin antibiotics. In hematologic studies or in transfusion cross-reactivity procedures when antiglobulin tests are performed on the main side or in Coombs' testing of newborns whose mothers have received cephalosporin antibiotics before parturition, it should be recognized that a positive Coombs' test may be due to the drug.

Cefclor should be administered with caution in the presence of markedly impaired renal function. Under such conditions, careful clinical observation and laboratory studies should be made because safe dosage may be lower than that usually recommended.

As a result of administration of Cefclor, a false-positive reaction for glucose in the urine may occur. This has been observed with Benedict's and Fehling's solutions and also with Clinette[®] tablets but not with Tes-tape[®] (Glucose Enzymatic Test Strips, USP, Lilly).

Broad-spectrum antibiotics should be prescribed with caution in individuals with a history of gastrointestinal disease, particularly colitis.

Usage in Pregnancy—Pregnancy Category B — Reproduction studies have been performed in mice and rats at oral doses up to 12 times the human dose and in fertility studies in which the maximum human dose and have revealed no evidence of impaired fertility or harm to the fetus due to Cefclor. There are, however, no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, this drug should be used during pregnancy only if clearly needed.

Nursing Mothers — Small amounts of Cefclor have been detected in mother's milk following administration of single 500-mg doses. Average levels were 0.18, 0.20, 0.21, and 0.16 mcg/ml at two, three, four, and five hours respectively. Trace amounts were detected at one hour. The effect on nursing infants is not known. Caution should be exercised when Cefclor is administered to a nursing woman.

Usage in Children — Safety and effectiveness of this product for use in infants less than one month of age have not been established.

Adverse Reactions: Adverse effects considered related to therapy with Cefclor are uncommon and are listed below.

Gastrointestinal symptoms occur in about 2.5 percent of patients and include diarrhea (1 in 70).

Symptoms of pseudomembranous colitis may appear either during or after antibiotic treatment. Nausea and vomiting have been reported rarely.

Hypersensitivity reactions have been reported in about 1.5 percent of patients and include maculiform eruptions (1 in 100). Pruritus, urticaria, and positive Coombs' tests each occur in less than 1 in 200 patients. Cases of serum sickness-like reactions (erythema multiforme or the above skin manifestations accompanied by arthritis/arthralgia and, frequently, fever) have been reported. These reactions are apparently due to hypersensitivity and have usually occurred during or following a second course of therapy with Cefclor. Such reactions have been reported more frequently in children than in adults. Signs and symptoms usually occur a few days after initiation of therapy and subside within a few days after cessation of therapy. No serious sequelae have been reported. Antihistamines and corticosteroids appear to enhance resolution of the syndrome.

Cases of anaphylaxis have been reported, half of which have occurred in patients with a history of penicillin allergy.

Other effects considered related to therapy included eosinophilia (1 in 50 patients) and genital pruritus or vaginitis (less than 1 in 100 patients).

Causal Relationship Uncertain — Transient abnormalities in clinical laboratory test results have been reported. Although they were of uncertain etiology, they are listed below to serve as alerting information for the physician.

Hepatic — Slight elevations in SGOT, SGPT, or alkaline phosphatase values (1 in 40). Hematopoietic — Transient fluctuations in leukocyte count, predominantly lymphocytosis occurring in infants and young children (1 in 40).

Renal — Slight elevations in BUN or serum creatinine (less than 1 in 500) or abnormal urinalysis (less than 1 in 200).

[061782R]

Note: Cefclor is contraindicated in patients with known allergy to the cephalosporins and should be given cautiously to penicillin-allergic patients.

Penicillin is the usual drug of choice in the treatment and prevention of streptococcal infections, including the prophylaxis of rheumatic fever. See prescribing information.

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Additional information available to the profession on request from
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